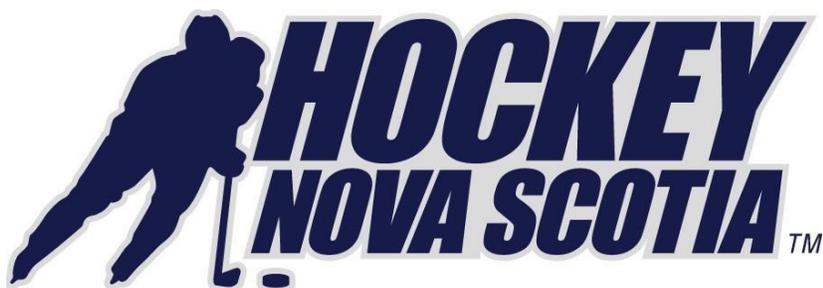


During the 2016/ 2018 Season the Truro and Area Minor Hockey Association voted to adopt the HNS policy regarding exceptional players. See below for the policy:



Hockey Nova Scotia Policies and Agreements

Found in this document -

- Exceptional Player (12 year old) Policy - p. 2 - 10**
- Exceptional Player (14 year old) Policy – p. 11 - 20**
- Concussion and Return to Play Policy – p. 21 - 23**
- NSSAF Agreement – p. 24 - 26**



PROCESS FOR CONSIDERATION FOR EXCEPTIONAL 12 YEAR OLD MALE HOCKEY PLAYER STATUS

Background

As a matter of principle, Hockey Nova Scotia has determined that 12 year old male players should not be permitted to play at the Major Bantam hockey level in Nova Scotia, whether as a registered player, or as an affiliate.

It is also recognized that whenever a principle is advanced, there is the potential for there to be exceptional athletes whose development would be impaired significantly if they were not permitted to participate at the Major Bantam Level.

It is also recognized that as any "exceptional player" would be of outstanding capability, Hockey Nova Scotia will only consider applicants who possess the ability to excel at the Major Bantam Level.

Definition of –Exceptionalll

It is agreed the term "exceptional" is meant to be those athletes who may come along only once in a generation. To be an exceptional athlete, one must possess not only hockey skills that are so superior to players his own age, but would also be superior to players two years older than his age.

To provide some clarity, an exceptional player at age 12, would have to demonstrate a skill level equivalent to compete for a position on Hockey Nova Scotia's Under 14 Male team. Note, this is worded to provide for clarity only, as a 12 year old will not be provided an opportunity to compete for a position on the Under 14 Male team.

In addition to hockey skills, the exceptional athlete must also possess physical maturity, psychological maturity, social maturity, and education ability, which match his superior hockey skills. The player must be well rounded in all aspects of his development.

The Application Process

In order to be considered an exceptional athlete, the player's parent(s) or legal guardian(s) must submit, prior to January 1st, an application to the Hockey Nova Scotia Executive Director, with an application fee of \$ 500.00, payable to Hockey Nova Scotia.

Upon receipt of the application, the Executive Director will determine if all material requested, in support of the application has been provided. Only applications that include all required information will be considered further.

In the event the Executive Director determines the applicant is not worthy of consideration, as all required information has not been provided, all material and the \$ 500.00 cheque will be returned to the applicant and the applicant will be declared ineligible. The decision of the Executive Director of Hockey Nova Scotia in this matter will be final and binding.

The application submission must include:

- The official “Application to be Considered an Exceptional Player” completed in its entirety by the Parents or Guardians (Annex A);
- The “Teacher Questionnaire” completed in its entirety and signed by the applicant’s Teacher or Guidance Counselor which is to be returned to the Executive Director of Hockey Nova Scotia in a sealed envelope (Annex B);
- The „Coach Questionnaire” completed in its entirety and signed by the applicant’s current Head Coach is to be returned to the Executive Director of Hockey Nova Scotia in a sealed envelope (Annex C);
- The „Hockey History” form completed in its entirety by the Parents or Guardians (Annex D); and
- The player (applicant) essay (Annex E) to be completed by the Player and his Parents or Guardians.

In the event the Executive Director determines the applicant is worthy of consideration, the Executive Director will notify the HNS Director at Large / Chair Elite Hockey, of the application.

The Evaluation Process

Upon proper submission of all required information, Hockey Nova Scotia will conduct an evaluation to determine if the applicant has the physical maturity, psychological maturity, social maturity, education ability and superior hockey skills in order to be granted “exceptional player status”.

In addition to a review of the information provided in the application, Hockey Nova Scotia will conduct an interview with the applicants and his parents/guardians.

Once Hockey Nova Scotia has determined the applicant possesses physical maturity, psychological maturity, social maturity, and education ability, the applicant will then be evaluated for hockey skills, which may include an evaluation of the player in actual game situations and /or an invitation to attend the Hockey Nova Scotia High Performance Program Spring Camp at the Under 14 Level. Should an invitation be offered, the applicant would be required to register with the Hockey Nova Scotia High Performance Program Spring Camp at the Under 14 Level. During this camp, the High Performance Program will evaluate the applicant. In order to be given consideration for eligibility as an „exceptional player” the applicant must attain a ranking within the top 8 forwards, top 4 defence and top 3 goal tenders.

The maximum number of positions available at the Hockey Nova Scotia High Performance Program Under 14 Spring camp will be limited to 5 forwards, 3 defence and 2 goaltenders.

The Decision

If successful in meeting the objectives set out for the evaluation of hockey skills, the applicant will be notified by Hockey Nova Scotia of its" decision. The decision of Hockey Nova Scotia will be final and binding upon all parties, and no appeal will be allowed.

In the event the player has received a positive evaluation, Hockey Nova Scotia will return the sum of \$ 250.00 to the applicant. In the event that the player has not received a positive evaluation, no monies shall be returned to the applicant.

Rules governing teams concerning 12 year old male players.

No Major Bantam team will place any 12 year old applicant on a registration certificate unless the player has been declared eligible under the exceptional player status process.

No Major Bantam team will invite, offer or include any 12 year old applicant in any tryout, practice, scrimmage or other activity until such time as the applicant has been declared eligible under the exceptional player status.

Any violation of this provision will result in a suspension for any person who violates the provision. A team, which violates this directive, will have its President and Head Coach suspended indefinitely. The length of the suspension will be determined by Hockey Nova Scotia. A second violation of this provision will result in a one year suspension for the President and Head Coach.

Any 12 year old applicant who participates in any or Major Bantam practice, tryout, scrimmage or other activity, prior to completing the evaluation process and being notified of their eligibility, will be declared ineligible for consideration of exceptional player status.

Area of Competition

Should an applicant be declared eligible under the exceptional player status process, he will be restricted to play for the Major Bantam team in the Region, as it applies to Major Bantam, in which he resides at the time the application is made. Failure to abide by this geographical requirement will render the applicant ineligible.

Once an applicant has been declared eligible under the exceptional player status for a Major Bantam team, and the applicant is not selected to his Regional team, the applicant must return to the Pee Wee level for the ensuing playing season. The applicant will not be permitted to move to another Region to participate in that other Region"s Major Bantam team.

Timelines

January 1 st	Application submitted by applicant.
January 15 th	Applicant notified by HNS Executive Director if application would be considered.
February 15 th	Conclusion of HNS skill evaluation and notification provided of acceptance or not to the Spring High Performance Program Camp
May 15 th	HNS High Performance Program concludes evaluation of hockey skills
May 31 st	Applicant is notified of the results of the evaluation



HOCKEY NOVA SCOTIA APPLICATION TO BE CONSIDERED AN – EXCEPTIONAL PLAYER II

This application is made pursuant to the terms and conditions established by Hockey Nova Scotia to determine the identification of an exceptional 12 year old hockey player, the terms of which the applicant agrees to be bound in respect to all matters relevant to this application.

The applicant(s) agree to supply such further information, as Hockey Nova Scotia may consider necessary or desirable concerning any aspect of this application or of the status of the applicant(s).

The applicant(s) agree that the decision to grant or refuse exceptional player status shall be based solely on the judgment and discretion of Hockey Nova Scotia and the decision of Hockey Nova Scotia is final and binding upon all parties, and no appeal shall lie whether to the Hockey Nova Scotia, or to Hockey Canada.

Herewith find a certified cheque in the amount of \$500.00 payable to Hockey Nova Scotia, which shall be applied to the expenses incurred by the Hockey Nova Scotia investigating all aspects of this application.

In the event that the player has received a positive evaluation, Hockey Nova Scotia shall return the sum of \$ 250.00 to the applicant.

In the event that the player has not received a positive evaluation, no monies shall be returned to the applicant.

Player's Name in full (please print)

Signature of Player

Player's Parent(s) / Guardian(s) name in full (please print)

Signature of Player's Parent(s) / Guardian(s)

Dated



**Hockey Nova Scotia Exceptional 12 Year Old Athlete
TEACHER QUESTIONNAIRE**
For each description, please mark an X in the appropriate box.

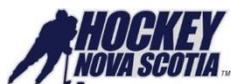


<p>Will power or moral courage- His capacity to do the right thing even if it may be unpopular.</p>	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
<p>Motivation- The degree to which he is driven to achieve the goals he sets for himself.</p>	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
<p>Self-Awareness- The extent to which he understands his emotions and their effect on others.</p>	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
<p>Persistence- He finishes what he starts. He is capable of staying on track in spite of obstacles.</p>	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
<p>Integrity- His pattern of behavior that is consistent with being honest and authentic.</p>	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
<p>Social Skills- His proficiency in building and maintaining meaningful relationships.</p>	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
<p>Optimism- His ability to see the good in people or situations and the degree to which he works hard to bring that about.</p>	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
<p>Teamwork- The extent to which he contributes to the overall benefit of the group(s) he has worked with.</p>	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
<p>Overall Assessment- All things considered, the capacity he has to develop into a mature and responsible citizen is...</p>	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Additional Comments:							

Annex B

Name (please print): _____ School & Grade: _____

Signature: _____ Date: _____



**Hockey Nova Scotia Exceptional 12 Year Old Athlete
HOCKEY COACH QUESTIONNAIRE**
For each description, please mark an X in the appropriate box.



Coachability- Does he eagerly accept and respect the coaching process?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Motivation- Does he have the inner strength to be self-motivated?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Effort- Whether at practice or in a game, is he consistent in his effort?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Team Cohesion- Is he a "team player" and does he get along well with everyone associated with the team?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Mental Toughness- How would you rate his ability to respond to adversity?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Pressure Situations- Does he thrive on opportunities to perform in difficult situations?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Hockey Sense- Does his vision permit him to see situations and make appropriate decisions that many of his peers couldn't?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Leadership- Has he demonstrated the necessary leadership attributes on this year's team?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Additional Comments:							

Describe the player's vision when playing the game?	<input type="checkbox"/> 1 <input type="checkbox"/> 2	<input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	<input type="checkbox"/> 6 <input type="checkbox"/> 7
How well do you think the player understands the game?	<input type="checkbox"/> 1 <input type="checkbox"/> 2	<input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	<input type="checkbox"/> 6 <input type="checkbox"/> 7
To what degree does he control the game itself?	<input type="checkbox"/> 1 <input type="checkbox"/> 2	<input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	<input type="checkbox"/> 6 <input type="checkbox"/> 7
Have you noticed any selfish tendencies?	Comment:		
Describe his leadership qualities on and off the ice.	Comment:		
When playing at his normal age level would you consider him to be challenged? If not challenged, what did he do to challenge himself?			
Additional Comments:			

Name (please print): _____ Team & Level: _____

Signature: _____ Date: _____



Hockey Nova Scotia Exceptional 12 Year Old Athlete

HOCKEY HISTORY QUESTIONNAIRE



Please complete all sections for past three seasons.

Year	Team	Category	Individual and Team Accomplishments



Hockey Nova Scotia Exceptional 12 Year Old Athlete
PLAYER ESSAY SUBMISSION



Instructions:

You have indicated your goal is to play Major Bantam hockey as a 12 year old. One aspect of the evaluation process requires that you and your parents/guardians submit an essay to Hockey Nova Scotia to assist with their evaluation. The essay must be in response to the following question.

Q. What personal qualities do you possess that will assist you in achieving your goal? In your essay, please support each personal quality that you identify with two specific examples.

Your essay may be as long or as short as you desire.



PROCESS FOR CONSIDERATION FOR EXCEPTIONAL 14 YEAR OLD MALE HOCKEY PLAYER STATUS

Background

As a matter of principle, Hockey Nova Scotia Minor Council has determined that 14 year old male players should not be permitted to play any Midget hockey in Nova Scotia, whether as a registered player, or as an affiliate.

It is also recognized that whenever a principle is advanced, there is the potential for there to be exceptional athletes whose development would be impaired significantly if there were not permitted to participate in midget hockey.

It is also recognized that as any „exceptional player“ would be off outstanding capability, Hockey Nova Scotia Minor Council Executive will only consider applicants who possess the ability to excel at the Major Midget Level.

Definition of –Exceptionalll

It is agreed that the term “exceptional” is meant to be those athletes who may come along only once in a generation. To be an exceptional athlete one must possess not only hockey skills that are so superior to players his own age, but would also be superior to players two and three years older than his age.

To provide some clarity, an exceptional player at age 14, given the opportunity, would compete for a position on Hockey Canada’s Team Atlantic Under 17 Regional Male team or with Hockey Nova Scotia’s Canada Winter Games Male Under 17 team in years when the Canada Games are held.

In addition to hockey skills, the exceptional athlete must also possess physical maturity, psychological maturity, social maturity, and education ability which match his superior hockey skills. The player must be well rounded in all aspects of his development.

The Application Process

In order to be considered an exceptional athlete, the player’s parent(s) or legal guardian(s) shall submit prior to January 1st, an application which shall be submitted to the Hockey Nova Scotia Executive Director with an application fee of \$ 500.00 payable to Hockey Nova Scotia Minor Council (Please see time line on page three).

Upon receipt of the application, the Executive Director shall determine that all material that is requested to be submitted in support of the application has been provided. Only applications that include all required information will be considered further.

In the event that the Executive Director determines that the applicant is not worthy of consideration as all required information has not been provided, all material and the \$ 500.00 cheque shall be returned to the applicant and the applicant will be declared ineligible. The decision of the Executive Director of Hockey Nova Scotia in this matter is final and binding.

The application submission must include:

- The official „Application to be Considered an Exceptional Player“ completed in its" entirety by the Parents or Guardians (Annex A);
- The „Teacher Questionnaire“ completed in its" entirety and signed by the applicant"s Teacher or Guidance Counselor which shall be returned to the Executive Director of Hockey Nova Scotia in a sealed envelope (Annex B);
- The „Coach Questionnaire“ completed in its" entirety and signed by the applicant"s current Head Coach which shall be returned to the Executive Director of Hockey Nova Scotia in a sealed envelope (Annex C);
- The „Hockey History“ form completed in its" entirety by the Parents or Guardians (Annex D); and
- The player (applicant) essay (Annex E) to be completed by the Player and his Parents or Guardians.

In the event that the Executive Director determines that the applicant is worthy of consideration, the Executive Director shall notify the Chair, Hockey Nova Scotia Minor Council, of the application.

The Evaluation Process

Upon proper submission of all required information, Hockey Nova Scotia Minor Council Executive will conduct an evaluation to determine if the applicant has the physical maturity, psychological maturity, social maturity, and education ability and superior hockey skills in order to be granted „exceptional player status“.

In addition to a review of the information provided in the application, Hockey Nova Scotia"s Minor Council Executive shall conduct an interview with the applicants and his parents/guardians.

Once the Hockey Nova Scotia Minor Council Executive has determined that the applicant possesses physical maturity, psychological maturity, social maturity, and education ability, the applicant will then be evaluated for hockey skills.

To do so, any applicant will be required to register with the Hockey Nova Scotia High Performance Program Spring Camp at the Under 15 Level. During this camp, the High Performance Program will evaluate the applicant among his peers. In order to be given any further consideration for eligibility as an „exceptional player“ the applicant must attain the highest standing within the overall rankings at his position.

If successful, the applicant will then be invited to attend the High Performance Program Summer Hockey Development Festival at the Male Under 16 level. As the Under 16 level consists of players of Midget age with a high likeliness of participating at the Major Midget Level, this level is considered an appropriate forum through which to further evaluate the applicant.

The applicant must then place within the top 25% at his respective position at the Hockey Development Festival to be considered for the „exceptional player“ status. An example would be if there were 24 forwards, the applicant would have to rank within the top six forwards.

The Decision

If successful in meeting the objectives set out for the evaluation of hockey skills, the player will be notified by Hockey Nova Scotia Minor Council Executive of its decision within seven days of the completion of the High Performance Program Summer Hockey Development Festival.

The decision of the Hockey Nova Scotia Minor Council Executive is final and binding upon all parties, and no appeal shall be allowed.

In the event that the player has received a positive evaluation, Hockey Nova Scotia Minor Council Executive shall return the sum of \$ 250.00 to the applicant. In the event that the player has not received a positive evaluation, no monies shall be returned to the applicant.

Rules governing teams concerning 14 year old male players.

No Major Midget team, shall place any 14 year old applicant on a registration certificate unless said player has been declared eligible under the exceptional player status process.

No Midget team shall invite, offer or include any 14 year old applicant in any tryout, practice, scrimmage or other activity until such time that the player has been declared eligible under the exceptional player status.

Any violation of this provision, shall result in a suspension for any person who violates this provision. The team, who violates this directive, shall have its General Manager and the Head Coach suspended herein. The length of this suspension shall be determined by the Hockey Nova Scotia Minor Council Executive. Any second violation of the within provision shall result in a one year suspension for the General Manager and the Head Coach.

Any 14 year old applicant who participates in any midget or Major Midget practice, tryout, scrimmage or other activity, prior to completing the evaluation process and being notified of their eligibility, will be declared ineligible for consideration of exceptional player status.

Area of Competition

Should the applicant be declared eligible under the exceptional player status process, they will be restricted to play for only a Major Midget team or teams within the Hockey Nova Scotia Minor Council Region in which they reside at the time the application is made. Failure to abide by this geographical requirement will render the applicant ineligible.

Once an applicant has been declared eligible under the exceptional player status for a Major Midget team or teams within a region as defined by Hockey Nova Scotia Minor Council, and the applicant is not selected to any such team or teams, the applicant will return to the Bantam level for the ensuing playing season. The applicant will not be permitted to move to another region to participate in that other region's Major Midget team or teams.

Timelines

January 1 st	Application submitted by applicant.
January 30 th	Applicant notified by HNS Executive Director if application will be considered.
March 15 th	HNS Minor Council Executive concludes its evaluation of the applicant's physical maturity, psychological maturity, social maturity, and education ability and conducts the interview.
May 15 th	HNS High Performance Program concludes 1 st evaluation of hockey skills.
June 15 th	Applicant notified of results of 1 st evaluation.
August 5 th	HNS High Performance Program concludes 2 nd evaluation of hockey skills.
August 12 th	HNS Minor Council Executive informs applicant of result of evaluation process.



HOCKEY NOVA SCOTIA APPLICATION TO BE CONSIDERED AN – EXCEPTIONAL PLAYER II

This application is made pursuant to the terms and conditions established by Hockey Nova Scotia to determine the identification of an exceptional 14 year old hockey player, the terms of which the applicant agrees to be bound in respect to all matters relevant to this application.

The applicant(s) agree to supply such further information as Hockey Nova Scotia may consider necessary or desirable concerning any aspect of this application or of the status of the applicant(s).

The applicant(s) agree that the decision to grant or refuse exceptional player status shall be based solely on the judgment and discretion of the Hockey Nova Scotia's Minor Council Executive and the decision of Hockey Nova Scotia's Minor Council Executive is final and binding upon all parties, and no appeal shall lie whether to the Hockey Nova Scotia, or to Hockey Canada.

Herewith find a certified cheque in the amount of \$500.00 payable to Hockey Nova Scotia, which shall be applied to the expenses incurred by the Hockey Nova Scotia's Minor Council Executive investigating all aspects of this application.

In the event that the player has received a positive evaluation, Hockey Nova Scotia shall return the sum of \$ 250.00 to the applicant.

In the event that the player has not received a positive evaluation, no monies shall be returned to the applicant.

Player's Name in full (please print)

Signature of Player

Player's Parent(s) / Guardian(s) name in full (please print)

Signature of Player's Parent(s) / Guardian(s)

Dated



**Hockey Nova Scotia Exceptional 14 Year Old Athlete
TEACHER QUESTIONNAIRE**
For each description, please mark an X in the appropriate box.



Will power or moral courage- His capacity to do the right thing even if it may be unpopular.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Motivation- The degree to which he is driven to achieve the goals he sets for himself.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Self-Awareness- The extent to which he understands his emotions and their effect on others.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Persistence- He finishes what he starts. He is capable of staying on track in spite of obstacles.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Integrity- His pattern of behavior that is consistent with being honest and authentic.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Social Skills- His proficiency in building and maintaining meaningful relationships.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Optimism- His ability to see the good in people or situations and the degree to which he works hard to bring that about.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Teamwork- The extent to which he contributes to the overall benefit of the group(s) he has worked with.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Overall Assessment- All things considered, the capacity he has to develop into a mature and responsible citizen is...	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Additional Comments:							

Name (please print): _____ School & Grade: _____

Signature: _____ Date: _____



**Hockey Nova Scotia Exceptional 14 Year Old Athlete
HOCKEY COACH QUESTIONNAIRE**
For each description, please mark an X in the appropriate box.



Coachability- Does he eagerly accept and respect the coaching process?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Motivation- Does he have the inner strength to be self-motivated?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Effort- Whether at practice or in a game, is he consistent in his effort?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Team Cohesion- Is he a "team player" and does he get along well with everyone associated with the team?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Mental Toughness- How would you rate his ability to respond to adversity?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Pressure Situations- Does he thrive on opportunities to perform in difficult situations?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Hockey Sense- Does his vision permit him to see situations and make appropriate decisions that many of his peers couldn't?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Leadership- Has he demonstrated the necessary leadership attributes on this year's team?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Overall Assessment— All things considered, what are his chances of succeeding as a 14 year old NSMMHL hockey player?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
	Average		Above Average			Exceptional	
Additional Comments:							

Describe the player's vision when playing the game?	<table style="width: 100%; text-align: center;"> <tr> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6 7</td> </tr> <tr> <td colspan="2">Average</td> <td colspan="3">Above Average</td> <td>Exceptional</td> </tr> </table>	<input type="checkbox"/>	1	2	3	4	5	6 7	Average		Above Average			Exceptional					
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>														
1	2	3	4	5	6 7														
Average		Above Average			Exceptional														
How well do you think the player understands the game?	<table style="width: 100%; text-align: center;"> <tr> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6 7</td> </tr> <tr> <td colspan="2">Average</td> <td colspan="3">Above Average</td> <td>Exceptional</td> </tr> </table> <p>Explain:</p>	<input type="checkbox"/>	1	2	3	4	5	6 7	Average		Above Average			Exceptional					
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>														
1	2	3	4	5	6 7														
Average		Above Average			Exceptional														
To what degree does he control the game itself?	<table style="width: 100%; text-align: center;"> <tr> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6 7</td> </tr> <tr> <td colspan="2">Average</td> <td colspan="3">Above Average</td> <td>Exceptional</td> </tr> </table>	<input type="checkbox"/>	1	2	3	4	5	6 7	Average		Above Average			Exceptional					
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>														
1	2	3	4	5	6 7														
Average		Above Average			Exceptional														
Have you noticed any selfish tendencies?	Comment:																		
Describe his leadership qualities on and off the ice.	Comment:																		
When playing at his normal age level would you consider him to be challenged? If not challenged, what did he do to challenge himself?																			
Additional Comments:																			

Name (please print): _____ Team & Level: _____

Signature: _____ Date: _____



Hockey Nova Scotia Exceptional 14 Year Old Athlete

HOCKEY HISTORY QUESTIONNAIRE



Please complete all sections for past five seasons.

Year	Team	Category	Statistics	Individual and Team Accomplishments



Hockey Nova Scotia Exceptional 14 Year Old Athlete
PLAYER ESSAY SUBMISSION

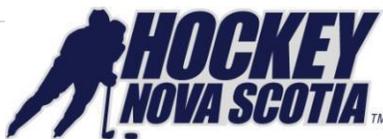


Instructions:

You have indicated your goal is to play Major Midget hockey as a 14 year old. One aspect of the evaluation process requires that you and your parents/guardians submit an essay to Hockey Nova Scotia Minor Council Executive to assist them with their evaluation. The essay must be in response to the following question.

Q. What personal qualities do you possess that will assist you in achieving your goal? In your essay response, please support each personal quality that you identify with two specific examples.

Your essay response may be as long or as short as you desire.



Hockey Nova Scotia Policy

Head Injuries /Concussions

Hockey Nova Scotia risk management has reviewed significant literature re: concussion policy and as a result developed this policy for the protection and benefit of our players and all involved with the game of hockey in Nova Scotia.

- 1) A brain injury or concussion could happen as a result of various altercations or events such as a check or blow to the head/ jaw or upper body which is significant enough to cause the brain to shake inside the skull. This trauma has the ability to cause symptoms of concussion and unbeknown to most bench staff, there could be some measure of brain injury suffered. In reality most bench staff do not have the experience or medical expertise to recognize such an injury. As a bench staff it must be acknowledged that a person in such a state could appear to the normal observer to be “out of it, punch drunk or dazed”. Symptoms include but are not limited to headaches, loss of consciousness, irritability, slow reaction time, drowsiness, slurred speech, double vision and vomiting.
- 2) Even when diagnosed by a physician via a diagnostic imaging test, CAT scan or MRI, a concussion may not be evident and despite “normal” visual diagnostics, this does not preclude the possibility of a severe concussion and said physician may suggest being “safe rather than sorry”.
- 3) When seen by a physician a skull fracture, bleeding in the brain or indeed some swelling may not be evident but may indeed be present.
- 4) An injury could be present and could be temporary or permanent or indeed perhaps a blood clot may be present and could be fatal.
- 5) Hockey Nova Scotia is adopting a “better safe than sorry” policy when it comes to concussions. We want every player treated as if they were our own; therefore when it comes to posing the question “I wonder if he/she has a concussion?” a visit to the doctor or the emergency room is the only option to gain a definitive answer to this question.

Hockey Nova Scotia believes that the health and safety of the players in our game is more important than anything else and as such Hockey Nova Scotia demands that every precaution be taken before a player who has suffered a suspected or identified head injury returns to practice or game situation.

Hockey Nova Scotia Policy re: Head Injuries/Concussions

- A. A player suspected of a concussion must stop play immediately. Whether this happens on or off- ice, in a game or practice, the coach must remove the player from participation and request of the parents that they refer the player immediately to a physician for diagnosis. Final decision here is that of the coach and parents must follow-up as requested. Once requested by the coach that a player visit a doctor as a result of concussion like symptoms, the player will not be allowed to return to play until he/she has been treated by and a note provided by a medical physician.
- B. A player diagnosed as concussed by a medical physician must stop all on and off-ice activities immediately. This not a parental decision, but rather a responsibility of the coach. The coach must report this on a HNS injury report form and submit a copy to the president of their local minor hockey association or league.
- C. All coaches under the jurisdiction of Hockey Nova Scotia must understand that they cannot allow any player diagnosed as concussed to return to practice or play without written permission from a physician and the player following the return to play guidelines listed below. This need not be the physician who diagnosed the concussion but must be aware of the concussion.
- D. Such written approval must be submitted to the coach, who will inform the president of the local minor hockey association or league of the physicians report and that the return to play guidelines have been followed, as listed below, before said player assessed with such concussion is permitted to return to any form of hockey activity within the jurisdiction of Hockey Nova Scotia.

Hockey Nova Scotia is adamant that the responsibility for the enforcement of this policy is that of the coach and ultimately the president of the local minor hockey association and leagues that comprise the membership of Hockey Nova Scotia.

HOCKEY NOVA SCOTIA **RETURN TO PLAY FRAMEWORK**

The return to play process is **gradual**, and begins **after** a doctor has given the player clearance to return to **activity**.

Steps 1 through 4 must be completed with consultation between the parent/guardian and the coach.

Doctor's clearance must be submitted to your coach or the Team Trainer/Safety Person after completion of step 4 and before movement to step 5, who will in turn inform the Association or League President.

*The player should only progress to the next step after 24 hours of no symptoms after completion of the previous step.

- Step 1:** No activity, only complete rest. Proceed to step 2 only when symptoms are gone.
- Step 2:** Light aerobic exercise, such as walking or stationary cycling. Monitor for symptoms and signs. No resistance training or weight lifting.
- Step 3:** Sport specific activities and training (e.g. skating, anaerobic, aerobic workout).
- Step 4:** Drills without body contact. May add light resistance training and progress to heavier weights. The time needed to progress from non-contact to contact exercise will vary with the severity of the concussion and the player. Go to step 5 after medical clearance (***reassessment and note to be submitted to your team's Coach or training staff***).
- Step 5:** Begin drills with body contact after medical clearance.
- Step 6:** Game play.

If symptoms or signs return, the player should return to the previous step, and be re-evaluated by a physician.

Failure of any coach, player, trainer, administrator or league to follow this policy and the guidelines herein will be suspended indefinitely pending a full investigation by Hockey Nova Scotia Risk Management.

Memorandum of Understanding:
Between
The Nova Scotia School Athletic Federation (NSSAF)
and
Hockey Nova Scotia (HNS)

The purpose of the Memorandum of Understanding shall be to provide NSSAF hockey with access to the Hockey Canada (HC) Insurance Program.

1. School hockey shall continue to be administered and governed by the Nova Scotia School Athletic Federation and shall not be considered under the jurisdiction of Hockey Nova Scotia.

To clarify:

- a) NSSAF school hockey teams shall not be subject to HC, HNS or HNS Minor Hockey Council Articles, By-Laws or Regulations but shall follow the playing rules of the HC.
 - b) Any modifications of HC playing rules for NSSAF school hockey shall be submitted annually to the HNS office for approval prior to June 1st the playing season. This is in effect to protect the integrity of the Insurance Program.
2. Insurance for NSSAF hockey participants:
 - a) NSSAF member schools participating in hockey shall purchase Hockey Canada (HC) Liability, Accidental Death and Dismemberment and Major Medical Dental Coverage.
 - b) The NSSAF will remit insurance premiums for each school hockey team registered annually as per Appendix "A". The premium/participant shall be set annually at the HC established rate.
 - c) HNS will annually provide the NSSAF with sufficient copies of the HC Safety and Insurance Guide outlining the HC Insurance Program to distribute to school teams.
 - d) Any claims arising out of school hockey shall be processed with HNS through the NSSAF Executive Director. The NSSAF shall be responsible for administrative fees as per Appendix "A".
 - e) NSSAF schools participating in hockey shall maintain accurate lists of participants and shall provide appropriate and adequate documentation when required for insurance claim purposes.

Appendix “B”
Nova Scotia School Athletic Federation (NSSAF)
and
Hockey Nova Scotia (HNS)

1. Purpose:

This agreement details the procedures for Hockey Nova Scotia and the Nova Scotia School Athletic Federation to notify and honour player suspensions.

2. Procedures:

- A. The NSSAF shall notify HNS in writing immediately of any school hockey players suspended for 4 games or more. HNS shall immediately notify the HNSMC Zone Director of such suspensions.
- B. HNS shall notify the NSSAF in writing immediately of any registered hockey player suspended for five games or more or for fourteen (14) days or more. The HNSMC Zone Directors shall be responsible for contacting HNS of any suspension over 14 days or five games.
- C. HNS shall strike a committee to review all suspensions by the NSSAF for the purposes of determining an equal value for the NSSAF suspension according to HNS Code of Discipline.
- D. The NSSAF shall review suspensions of HNS for the purpose of determining an equal value for HNS suspension according to the NSSAF Regulation if one exists.
- E. In honouring suspensions, each organization shall retain the responsibility of determining the term of the suspension to be served within its jurisdiction.
- F. In honouring suspensions issued by HNS, the NSSAF will impose suspensions on student-athletes in hockey only. A suspension issued by HNS shall not result in suspension from other school sport.
- G. Each organization shall notify the other in writing of the final term of suspension.
- H. It will be the duty of the Executive Director of the NSSAF and the Executive Director of HNS to liaise between the two authorities. HNS shall liaise with the HNSMC.
- I. This agreement shall remain in effect until such time as one of the organizations requests it to be terminated.

Appendix “C”**Nova Scotia School Athletic Federation (NSSAF)****and****Hockey Nova Scotia (HNS)****Purpose:**

The purpose of this agreement is to outline the eligibility of HNS Major Midget hockey players to play NSSAF Hockey and NSSAF hockey players to play Major Midget hockey.

Any player who signed a card with a Hockey Nova Scotia (HNS) registered major midget team is ineligible for NSSAF play until such time as he/she is released by HNS.

AND

Any player who participates in NSSAF hockey shall be ineligible for any HNS major midget team on or after the second Friday of October unless he/she is released by the school team.

In the event of a dispute among the affected parties, a tribunal consisting of a representative from HNS, a representative from the NSSAF and an independent third party shall be convened to rule on the case in question. The decision of this tribunal shall be final.